

**10 October 2016 / 09 Muharram 1438 (Workshop)**  
**11-12 October 2016 / 10-11 Muharram 1438**

**First and Middle Names: (as you wish it to be printed on the certificate)**

[illegible][illegible]

										** Required by SAUDI COMMISSION**							
<b>TITLE:</b>	<input type="checkbox"/>	Dr	<input type="checkbox"/>	Prof.	<input type="checkbox"/>	Mr.	<input type="checkbox"/>	Mrs.	<input type="checkbox"/>	Miss	<input type="checkbox"/>	Other: _____	<b>GENDER:</b>	<input type="checkbox"/>	Male	<input type="checkbox"/>	Female

[illegible]**Email Address:**

Before 25 September 2016	□ 600	□ 400	□ 200
After 25 September 2016	□ 700	□ 500	□ 300

<input type="checkbox"/>	A - A Sustainable Life: at work and at home (Stress Management)	o 500	o 300	o 200
<input type="checkbox"/>	B - Mindfulness: the power of attention and awareness	o 400	o 200	o 150
<input type="checkbox"/>	C - Exercise at Work - (Physical Therapy)	o 300	o 150	o 100
<input type="checkbox"/>	D - Enhancing Your Sleep for Better Productivity	o 300	o 150	o 100

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