

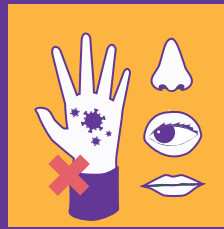


مستشفى الملك فيصل التخصصي ومركز الأبحاث  
King Faisal Specialist Hospital & Research Centre  
مؤسسة عامة Gen. Org.

# COVID-19 and Precautionary Measures for Safe Shopping



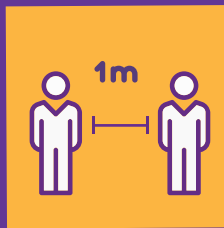
Prepare the grocery list ahead of time



Don't touch something at the store and then touch your face



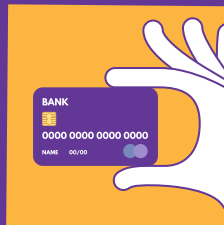
Shop at off-peak hours



Keep social distancing at least 1 meter between you and others



Wash your hands before and after going to the store



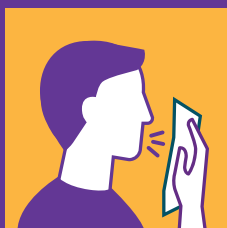
Pay with credit card



Sanitize the shopping cart /basket handle with disinfectant



Sanitize your hands before leaving the store



Adhere to cough and sneeze etiquette



Wash all groceries at home