## HAND HYGIENE MONITORING FORM

## **Instructions:**

- 1. Each row is used to record an encounter between one healthcare worker and one patient.
- 2. An encounter begins when a healthcare worker enters the patient's room or approaches the patient's bedside.
- 3. The encounter ends when the healthcare worker leaves the room or bedside.
- 4. An encounter may involve patient contact, environmental contact, or both.
- 5. Patient contact involves touching the patient's body, gown, or clothes.
- 6. Environmental contact involves touching the patient's bed or linen, bedside equipment, or other equipment, supplies, articles, or surfaces in the patient bedspace or room.
- 7. Circle the type of contact that occurred. If there was contact with the patient and the environment, circle both.
- 8. It is not necessary to record encounters that do not involve any touching, such as only verbal communication between the healthcare worker and patient.
- 9. Hand Hygiene Before/After: Record Y if the healthcare worker performed hand hygiene; N if not.
- 10. Hand Hygiene performed appropriately: Washing hands with soap and water vigorously between 40-60 seconds OR Rub hands with approved alcohol-based hand rub until all alcohol is evaporated