



مستشفى الملك فيصل التخصصي ومركز الأبحاث
King Fahad Specialist Hospital & Research Centre
مؤسسة عامة - General Org.

Patient Safety Alert

"Let's share the lessons learned"
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THE IMPORTANCE OF MANAGEMENT OF SELF MOBILIZING PATIENTS OUT OF INPATIENT UNITS

The early mobilization of patients in the inpatient units is known to bring benefits not only for physical functioning, but also for emotional and social wellbeing of the patients. The freedom of admitted patients to mobilize around their inpatient room, unit and hospital premises is highly encouraged but can be limited when dictated by their medical or behavioral condition.

Some patients might self –mobilize off the floor without informing their bedside nurses or any other health care provider especially in patients with prolonged hospitalizations which could be extremely dangerous and can place themselves at risk for specific complications for example :

- ⇒ Slips and falls
- ⇒ Deterioration in the medical condition
- ⇒ Dislodgement of medical devices(intravenous catheters, or oxygen)
- ⇒ Acquisition or spread of infection



Reported incidents at KFSH&RC:

May 2016: 67 year old male patient day four post-surgery, mobilized out of the unit with an ongoing morphine infusion. Patient was found outside the unit after more than 3 hours unconscious and was transferred to ICU.

September 2016 : Patient was found at the north tower after hours with Dopamine infusion running , The IV pump was beeping and the medication almost finished .

October 2014: 39 year old male patient, Rheumatic Heart Disease, Aortic Valve Replacement, patient in a Telemetry Monitoring Unit and on heparin infusion. Patient left the unit and after more than 3 hours the patient arrested near the outpatient mosque ,patient was resuscitated but did not revive

The physician role in the management of self mobilizing patients out of inpatient units

- ◆ Upon admission of the patient, the Attending Physician shall assess the patient's condition and enter a "Mobilize off unit" patient care order in ICIS
- ◆ If the patient is deemed not to be eligible for this privilege at the time of admission, a physician's order (such as bed rest or bathroom privileges only) shall be entered . This shall be a mandatory part of the admission process.
- ◆ The privilege shall be reviewed periodically at the physician's discretion and as the patient's condition dictates

The Nurse Role in the management of self mobilizing patients out of inpatient units

- ◆ Verify that an order in ICIS by the Attending Team is clearly documented
- ◆ Prior to the patient leaving the unit, reinforce the education provided by the physician to the patient & sitter/relatives
- ◆ obtain both the patient's and the accompanying sitter's/relative's mobile telephone number.
- ◆ ensure that patient has the identification rest band

Patient did not show at the unit :

- ⇒ Notify the attending physician/team or on-call after business hours
- ⇒ Follow nursing chain of command

For more information please visit the hospital info gate and review the below IPP

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MANAGING EDITOR
AKRAM BASHAIREH
QMD- PATIENT SAFETY SPECIALIST

For more information contact,
KHALID ALHAMDAN
QMD- PATIENT SAFETY COORDINATOR