If you would like more information about how we can help you and your family now or in the future:

- If you are currently hospitalized, please discuss with your treating team the possibility of a palliative care referral.

- If you are followed in the Oncology outpatient Clinic at KFSH&RC, discuss with your treating team the possibility of a palliative care referral.

For further information, we also invite you to look on the hospital website:

www.kfshrc.edu.sa

*Patient’s and visitors information Section

Palliative Care is for you and your family

As per the World Health Organization

Palliative Care is a type of care that focuses on improving the wellbeing of persons and families facing the problems associated with a serious illness like cancer.

Palliative Care focuses on relieving suffering by the early identification and treatment of pain. Other sources of discomfort whether these are results of the illness OR the treatments you are receiving (eg. chemotherapy) are also addressed.

PALLIATIVE CARE TEAM

COULD YOU OR YOUR LOVED ONE BENEFIT FROM OUR SERVICES?

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Our Palliative Care Team is composed of experienced and specialized physicians, nurses, and other professionals. We work in close collaboration with your main treating team and other healthcare professionals to optimize your wellbeing, no matter what choices you are making in terms of treatments.

Through our expertise, we can help alleviate these uncomfortable issues:

- Pain
- Shortness of breath
- Nausea
- Difficulty sleeping
- Anxiety, low mood

We also provide guidance and emotional support for your family. We know that your family is also affected by your illness.

Our services include:

- Outpatient clinics, consultation service for hospitalized patients, a specialized unit, and collaboration with home health care
- King Faisal Specialist Hospital & Research Center is a pioneer in the implementation of this type of care. We established the first ever Palliative Care Service in the Kingdom of Saudi Arabia in the early 1990s. Since then, our expertise has grown with only one goal in mind: to provide you and your family with the best care possible.

High quality pain and symptom control
Optimal support for your loved ones
Promotion of a good quality of life
Emotional and spiritual care

On our first page, we want to assure you that our team is about HOPE.

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