



مستشفى الملك فيصل التخصصي ومركز الأبحاث
King Faisal Specialist Hospital & Research Centre
مؤسسة عامة Gen. Org.

Correct Steps for Wearing A Face Mask



1

Clean hands with soap and water or alcohol sanitizer



2

Wear the white side inwards and the colored side outwards



3

Secure mask with one hand placing metal strip over nose bridge



4

Pull the mask's lower part using the other hand to cover the chin



5

Secure mask behind ears or head depending on its type



6

Ensure there is no space between mask and face and pinch metal strip over nose bridge



7

Avoid touching face mask after wearing it



8

Replace if it gets wet or soaked



9

Remove it using the rear part and dispose it immediately in a closed bin and clean your hands properly