

## When to Wash Hands to Prevent the Spread of "COVID-19" Virus?



If hands are clearly dirty



Before touching eyes/nose/mouth



After touching different surfaces



After coughing /sneezing



After taking off face mask



**Before** eating



After toilet use



Before/while/after preparing food



After being in public places



After touching garbage



After caring for someone sick



After touching animals or discarding their waste









