

مستشفى الملك فيصل التخصصي ومركز الأبحاث King Faisal Specialist Hospital & Research Centre \_\_\_\_\_\_ Gen. Org. مؤسسة عامة

## Instructions for Patients with COVID-19 and Their Sitters



• Clean hands with soap and water for 40-60 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% of alcohol for 20-30 seconds.



• Avoid touching eyes, mouth or nose before washing your hands.



• Use paper tissues to cover mouth and nose when sneezing or coughing, immediately discard used tissues in a closed trash and wash hands. If tissues are unavailable, use upper arm to cover mouth and nose.



• Adhere to the rules of social distancing by keeping at least 1.5 meters between you and others.



• Wear a surgical face mask, if you have respiratory symptoms such as coughing or sneezing.



• Refrain from greeting people using handshaking, hugs or kisses.



• It is prohibited to go outside the room or visit other patients.



• Maintain personal hygiene.



• Adhere to the medical team instructions.

Sitter permission may be granted according to the patient's status and after the treating physician's evaluation. If a sitter is allowed to stay, adhering to the previous and following instructions is required:



• Wear the necessary protective equipment, according to the medical team instructions "surgical face mask, gloves and gown", while being inside the patient's room.



• The sitter should not leave the room unless urgently needed. If permitted by the nurse, he/she shall wear a surgical face mask and perform hand hygiene.

For the safety of our patients, families and health care workers, a sitter may not be granted permission to stay with the patient. We would appreciate your kind understanding and cooperation.

You can communicate with the Patient Relations representative to assist you and fulfill your needs.