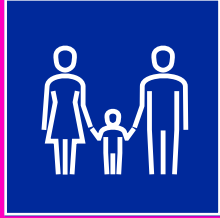


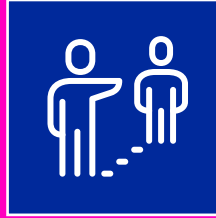


مستشفى الملك فيصل التخصصي ومركز الأبحاث  
King Faisal Specialist Hospital & Research Centre  
مؤسسة عامة Gen. Org.

# Tips to Maintain Children's Health during COVID-19 Virus Outbreak



The importance of the role of parents as instructions adhering role models.



Prohibit them from socializing with kids from outside the house.



Practice with them the correct steps of washing or sanitizing hands.



Use visual communication to keep them in touch with kids their age.



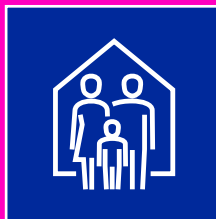
Teach them cough and sneeze etiquette.



Set a daily schedule for their eating, sleeping, learning, playing and conversing.



Remind them to wash hands before touching the face.



Don't take them outside unless necessary like a doctor's appointment.



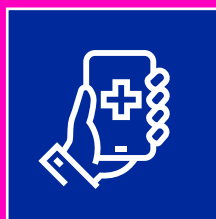
Regularly clean surfaces they touch and disinfect their toys.



Outdoors, children two and above must wear a mask and change when damp or damaged. They also must be trained on social distancing.



Encourage them to play indoors or in the house's garden.



Monitor the appearance of COVID-19 symptoms and contact the Ministry of Health when so.