

Quarantine Instructions for the International Arrivals



Isolate yourself for 14 days from your arrival date. Privatize a room and a bathroom.



Adhere to coughing and sneezing etiquette.



Disinfect the washing machine after using it, especially knobs and hampers.



Notice any disease symptoms and inform the ministry of health about it.



Clean surfaces touched regularly.



Dispose of trash bags properly.



Avoid going out unless necessary such as seeking medical care. Call the healthcare institute before heading to it and follow the instructions. Avoid using public transportation.



Maintain good ventilation.



Avoid having visitors.



Avoid blending with others unless needed. If so, wear a face mask and keep a distance of two meters at least.



Don't share personal belongings with others.



Apply the rules of social distancing.



Clean hands regularly using water and soap or alcohol sanitizer.



Use disposable utensils for eating and drinking and discard them immediately.



Assign someone to take care of your pets.

