



## NK2 – Research

*NK2b: Provide one example, with supporting evidence, how clinical nurses disseminate the organization’s nursing research study to external audiences.*

### Introduction

Nursing Affairs, KFSHRC-J, supports the process of developing abilities and skills, enabling clinical nurses to perform high-quality research. This takes forward the health research agenda, ensuring safe, effective patient care and improved clinical outcomes.

Clinical nurses are provided with continued educational opportunities to increase participation in research studies, thereby reducing the theory-practice gap, increasing and maintaining a knowledge base, developing professional attitudes, and increasing the utilization of research evidence for increased efficiency in patient care. In addition, nurses are encouraged to share findings with internal and external audiences, thus improving the use of evidence-based studies.

Clinical nurses have participated in research studies and shared these with internal and external audiences as demonstrated in the examples.

**Example NK2b: Research Study: “Nurses’ Experiences of Caring for Arab Muslim Patients in Jeddah, Kingdom of Saudi Arabia” disseminated externally at the National Annual Convention 2021, Pre-Convention Research Presentation, Philippine Nursing Association, Department of Nursing, October 18, 2021, by a Clinical Nurse**

Clinical Nurse Maria Rayel, MAN RN, Staff Nurse 1, Neuroscience unit, completed a research study entitled: “Nurses’ Experiences of Caring for Arab Muslim Patients in Jeddah, Kingdom of Saudi Arabia” in 2019. This study is a seminal research within the organization on caring for Arab Muslim patients, which relates to the Crescent of Care Model (Lovering, 2014), that primarily focuses on health care professionals understanding their patient’s spiritual and cultural needs and tailoring care practices to these needs.

This qualitative descriptive phenomenological study was approved by the Nursing Research Sub-Council and the IRB, KFSHRC-J, on January 10, 2019. The study aimed to explore the lived experiences of nurses caring for Arab Muslim patients. Data collection occurred between January 12, 2019, and February 15, 2019, and included seven in-depth

interviews with expatriate clinical nurses. The study's findings were summarized by six themes and highlighted that nurses understood patients' different cultural values, beliefs, and attitudes. The study further highlighted that nurses had to adjust to the diversity of the environment, to provide effective and safe care.

Maria disseminated the research study to the Nursing Research Sub-Council members on August 30, 2021, and the Nursing Cultural Competence Sub-Council on September 08, 2021. The Nursing Research Sub-Council serves as an expert body to promote, support, and facilitate nursing research and evidence-based practice within Nursing Affairs and consists of members internal and external to the organization. The presentation was completed virtually via the Microsoft Teams application using PowerPoint slides. During both presentations, Maria had the opportunity to answer questions regarding the study. The Nursing Cultural Competence Sub-Council is currently addressing the recommendations of the study. **Evidence NK2b.1 NRS Agenda and Meeting Minutes #7; NK2b.2 NCCS Agenda and Meeting Minutes #11 with PowerPoint Presentation**

Maria submitted an abstract and was accepted to present the research findings at the Philippine Nursing Association, Department of Nursing, at the National Annual Convention 2021, Pre-Convention Research Presentation on October 13, 2021. On October 18, 2021, Maria presented her research through the application Zoom, live via a 2-minute video, infomercial mode, at 04:00 Eastern time. **Evidence NK2b.3 Abstract Submission Acceptance at National Annual Convention, Research Infomercial Video Presentation Guidelines, Infomercial Video Slides, Certificate**

Further dissemination of the study was in volume 5, issue 1, page 6 of the *GRIP* newsletter published in October 2021. The *GRIP* newsletter, a scholarly research platform to share nursing research studies and other research-related activities within KFSHRC-J, is published twice a year. The Nursing Practice and Research department share the *GRIP* newsletter with all nurses via the departmental email. The *GRIP* newsletter is also placed in an online repository of documents for Nursing Affairs, referred to as the L-Drive, to which all clinical nurses have access. Maria shared her journey of conducting research within the clinical area, thereby encouraging and motivating clinical nurses to conduct research. **Evidence NK2b.4 GRIP Publication, October 2021, Volume 5, Issue 1, Page 6. Evidence NK2b.5 Departmental Emails Distribution of GRIP by Nursing Practice and Research Department**

### **Reference for External Dissemination**

Lovering, S. (2014). The Crescent of Care: a nursing model to guide the care of Muslim patients. *Cultural competence in caring for Muslim patients*, 104-120.